

Snowboard WORKSHOP



**Freestyle as a key factor of
effective learning!**

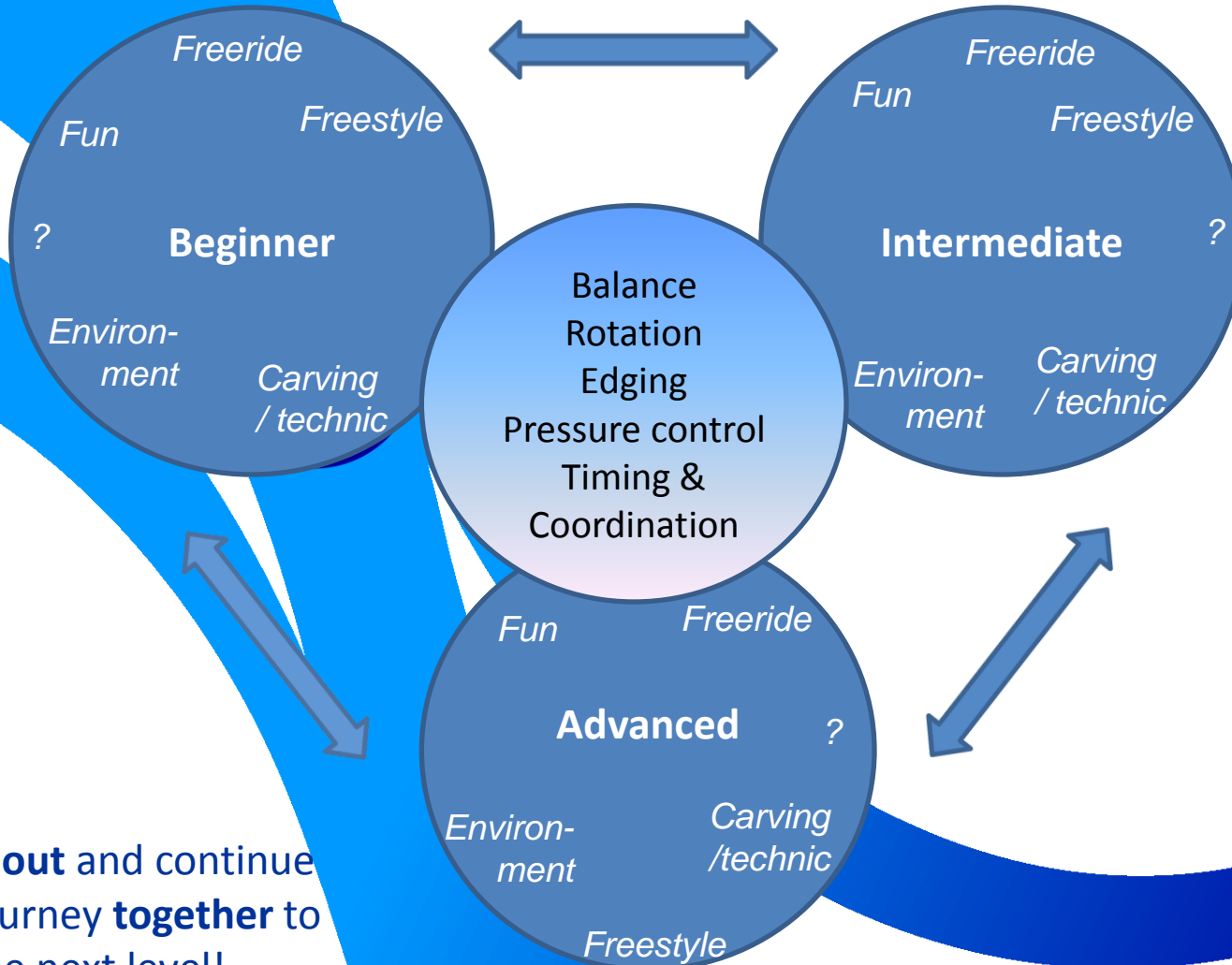
Demonstrators:



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Master of Sport Sciences
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FNASI Trainer

The one that motivates your customer is the one that drives him through challenges met!

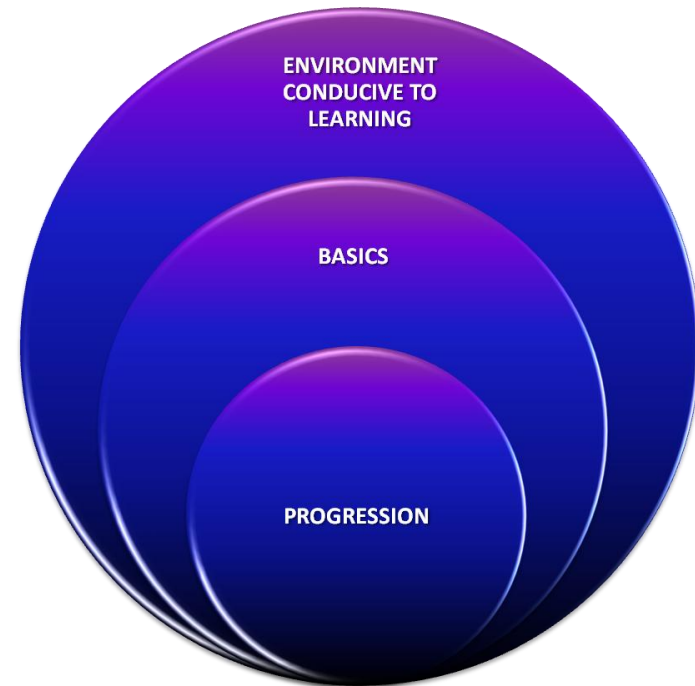


Find it out and continue your journey **together** to the next level!

Basics– THE FUNDAMENTAL SNOWBOARDING SKILLS

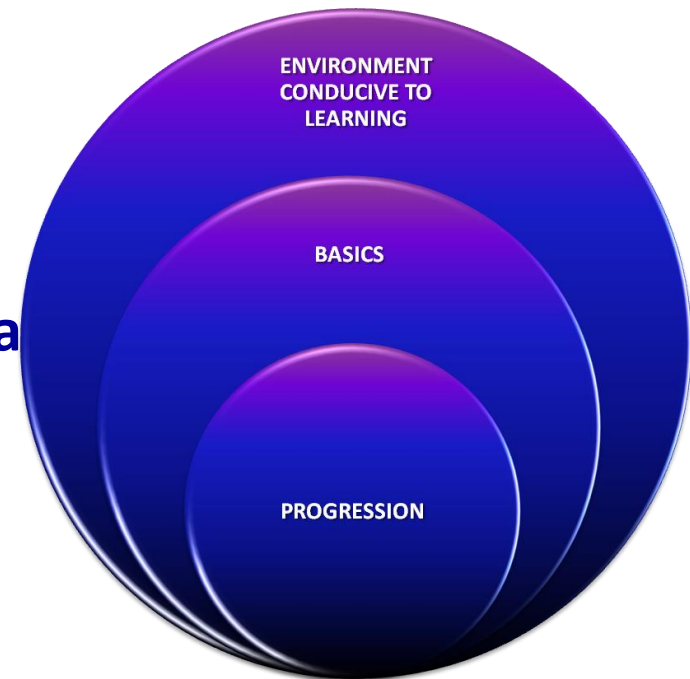


- Balance
- Rotating
- Edging
- Pressure Control
- Timing and Coordination



Environment – The SNOWPARK

- **Students initiative and active role**
- **Individual tasks and objectives**
- **More versatile & effective progression of fundamental snowboarding skills**



Progression – MOTIVATION!

- Progression towards **INDIVIDUAL objectives**
- Core idea of snowboarding: **creativity, self expression and freedom included in lessons from very beginning**

Leads to:

**HIGHER MOTIVATION →
INTENSIFIED LEARNING**

